



"Stir It Up!" II Timothy 1:6 April 2024

NEWSLETTER

Consolidated Baptist District Women's Auxiliary

Registration Deadline
APRIL 22, 2024

GoVoteKy.com

Primary Election
MAY 21, 2024

Consolidated Baptist District Women's Auxiliary

2024 CBDWA

Women's RETREAT

STIR IT UP!

II Timothy 1:6

Camille Cooper

Nieta Wigginton

Micean Johnkin

REGISTER NOW - LIMITED SPACING!!

SATURDAY
JUNE 22, 2024
10:00 A.M. - 4:00 P.M.

CBDWA President: Anna Allen-Edwards
CBDA Moderator: Rev. Reginald Davis

KEYNOTE SPEAKER:
CAMILLE COOPER

FACILITATORS:
**NIETA WIGGINTON
MICEAN JOHNKIN**

BLUE LICKS BATTLEFIELD STATE RESORT PARK
10299 MAYSVILLE RD., CARLISLE, KY 40311
PHONE: 859-268-5507
DISCOUNT LODGING AVAILABLE

EARLY BIRD SPECIAL
(BEFORE MAY 1ST)

\$75.00

MAY 1, 2024 - FEE \$100

Mail to:
CBDWA, PO Box 594, Lexington KY 40588

Pay your Church Contact Lady
or any CBDWA Board Member

Voter Awareness & Education Symposium

Saturday, April 13, 2024
11AM - 2 PM

Lexington Public Library - Eastside Branch
3000 Blake James Drive, Lexington, KY 40509

John J. Johnson
Civil Rights Activist

Tayna Fogle
Councilmember Lexington

Whit Whitaker
NAACP

VOTE

Reverend Reginald Davis, CBD Moderator
Sis. Anna Allen-Edwards, CBDWA President

Retreat Transportation:

Bethsaida Church Van



****If others have available transportation space, please let us know.**

Sherry Jackson,
Transportation Coordinator
sjackson316@yahoo.com

CONSOLIDATED BAPTIST DISTRICT WOMEN'S AUXILIARY

2024 Women's Retreat Facilitator

Nieta Wigginton made her confession of faith and was baptized at the age of 7. For many Christians, scripture based songs are key to their spiritual alignment. "I Am A Promise" is such a song for Nieta. "I can go anywhere that GOD want's me to go. I can be anything that GOD wants me to be," are foundational to how she views GOD, herself and others.

A native of Lexington, KY, these lyrics have kept her company while embracing national and international opportunities. These service opportunities meet at the intersection of the Arts, business and education industries. It is in this place of collaboration that she answers her assignment of discipleship.

Nieta Wigginton

STIR IT UP

CBDWA PRESIDENT: Sister Anna Allen-Edwards CBDA MODERATOR: Rev. Reginald Davis

President's Address



Dear Sisters,

He truly is Alive and I pray your Resurrection service reminded you of the great price He paid for our salvation! I pray it stirred up the Spirit within you to be about our Father's

business. As Dr. Lincoln Bingham used to say "I am excited!" about the opportunity to use the gifts, time, and treasure He has given me to do His good will along with you, the women of the Consolidated District and others of the Kingdom of God! If you have not yet had the opportunity to turn in your money and name for our Patron's list for the May 3rd Women in Worship service, please see me or any Executive Board member. I Am Excited, also, about our other upcoming events, to include our recent Young Adult "Candid Conversations" with Pastor Michael

Zachary and the Centerville congregation. We look forward to more of these opportunities to get our Young Adults interested and invested in Kingdom Business!

I am excited, especially for our upcoming Voter Symposium, which will be held April 13,2024. Bro. John Johnson, former Human Rights Executive Director and State NAACP president will be available along with other civic and judicial leaders to help us understand how and why to vote!

Help us by getting involved and spreading the word as we strive to Stir it Up!

Blessings!
Sister Anna

*******VOTE like your life depends on it - IT DOES!*******

Tayna Fogle Council District 1



Tayna Fogle is a community organizer, a powerful advocate for voting rights, a motivational speaker and a woman of faith. She was elected to represent the 1st District on the Lexington-Fayette Urban County Council in November 2022.

Tayna was born and raised in the 1st District and graduated from Lafayette High School. She earned a Bachelor of Arts degree in Therapeutic Recreation from the University of Kentucky, where she played basketball and was Team Captain of the 1982 SEC

Champion Lady Kats. She was an inaugural inductee to the Lexington African-American Sports Hall of Fame in 2022. Likewise, in 2022, Tayna was honored by Fayette County Public Schools as the recipient of the Golden Apple Award; this award highlighted her work with the JAG (Jobs for America's Graduates) students at Bryan Station High School.

Tayna serves as the Lead Organizer with Kentuckians for the Commonwealth and travels Kentucky to empower formerly incarcerated people, people in recovery, young adults, people of color and others to participate in our democracy. Tayna has been a part of the Kentuckians for the Commonwealth family for over 20 years.

For over a dozen years, she was a leader in a grassroots campaign culminating in Gov. Andy Beshear's executive order in December 2019, restoring voting rights to 170,000 Kentuckians formerly convicted of a felony. Tayna gracefully served as the Tri-Chair for the National and Kentucky's Poor People's Campaign with Rev. Dr. William J. Barber and Rev. Dr. Liz Theoharis: a national call for moral revival and serves as a Women's Fellow for Community Change, a

Washington, D.C.,-based nonprofit. In 2020, Tayna was appointed by Mayor Linda Gorton to the Law Enforcement, Justice, and Accountability Subcommittee of the Mayor's Commission for Racial Justice and Equality.

Tayna also brings unique experiences and perspectives to the council. As a formerly incarcerated individual who has personally experienced periods of homelessness, her darkest past has become her greatest asset. She now serves as a substance misuse and abuse sponsor and a re-entry specialist for ex-offenders. Her story has inspired and motivated many as she educates stakeholders, skeptics, community members and lawmakers on the benefits of restoring self-esteem, dignity and self-respect to people who have lost hope. Building relationships and empowering others in communities are also important skills that strengthen Tayna's work in Lexington and the 1st District.

Tayna is the mother of two young men, Michael Sr. and Ishmael, a grandmother of 11, and a great-grandmother of four.

The VOTE is the most powerful nonviolent tool we have. John Lewis

Whit Whitaker, is a DIAMOND Life Member of the NAACP, a Life Member of Alpha Phi Alpha Fraternity Inc., a Life Member of the Military Officers Association of America, and a Life Member of the National Association for Black Veterans.

He also serves as the Co-Chairperson of the Episcopal Diocese of Lexington Commission for Racial Reconciliation, as well as the Mayor's Commission for Racial Justice and Equality. Whitaker is a community activist and a community volunteer. In addition, he is an advocate for the arts who is a regular performing artist and executive arts manager administrator, and serves on several community organizational boards, including Lex-

WHIT WHITAKER



Arts, Lexington Children's Theatre, and Kentucky Playwrights Workshop.



Biography of JOHN J. JOHNSON



Johnson helped orchestrate the largest ever NAACP nationwide voter empowerment campaign registering 455,000 new voters

John J. Johnson was appointed executive director of the Kentucky Commission on Human Rights on September 1, 2007. He served in this capacity until his retirement in November 2019. Johnson has been an avid supporter of the Kentucky Commission on Human Rights since its inception and assisted with its expansion both as a volunteer and as an employee. In 1977, as the Commission's Director of Community Services, he worked vigorously helping to form many local human rights commissions throughout Kentucky.

Born in Louisville, KY in 1945, John J. Johnson was raised in Franklin, KY. He joined the Franklin-Simpson County NAACP and in 1964 became one of the youngest presidents of any adult NAACP branch in the nation. He was later elected president of the Kentucky Conference of NAACP Branches and held that position for fourteen years. During his tenure, he increased the number of local units from six to more than forty, in Kentucky.

In the '70s and '80s, he served in many capacities including as the Associate Director of the Louisville and Jefferson County Human Relations Commission and as Executive Director of the Louisville/Jefferson County Community Action Agency.

As state NAACP president, he maintained a sustained effort to challenge the public and private sectors on issues as diverse as support for minority business development; divestment of Kentucky's interest in South Africa; desegregation of institutions of higher learning; integration of the state police force; and lobbying Kentucky's U.S. congressional delegation on civil rights legislation. He lobbied for more than three years and successfully brought the 1979 NAACP's National Convention to Kentucky for the first and only time in the organization's 111-year history. In 1980, Johnson was elected as a member of the National Board of the NAACP, representing seven states, and was elected a National Vice-President of the Board.

From leading an effort to integrate the segregated swimming pool in his hometown of Franklin, to serving as an independent observer during Zimbabwe's contentious 2002 presidential election, Johnson has developed an international reputation for his leadership in civil rights work in volunteer and official roles.

C.B.D.W.A.
P. O. Box 594
Lexington, KY 40588

Email: cbdwa.info@gmail.com
Facebook.com/C.B.D.W.A.

Stir Up The Gift!
// Timothy 1:6

CBDWA Events - Mark your calendars!!!
Young Adult Voter Symposium - April 13, 2024
 Centerville Baptist Church
Women In Worship - May 3, 2024
 Macedonia Baptist, Cynthiana
Mind Your Business Health Fair - May 18, 2024
 Shiloh Baptist Church
Annual Women's Retreat - June 22, 2024
 Blue Licks State Resort
CBDWA Prayer Breakfast - July 13, 2024
 Washington Missionary Baptist, Maysville

We're on the web!
www.cbdaky.org

Consolidated Baptist District Women's Auxiliary
Officers 2023-2024

President	Anna Allen Edwards	Shiloh Baptist Church
1 st Vice President	Vonita Bennett	Second Baptist Church, May's Lick
2 nd Vice President	Linda Gates	Historic First Baptist, Camp Nelson
Treasurer	Vida Brown	Shiloh Baptist Church
Financial Secretary	Paula Hardin	Macedonia Baptist Church
Recording Secretary	Amber Reed	Macedonia Baptist Church
Corr. Secretary	Connie Curry	Corinthian Baptist Church, Winchester
Social Engagement	Eleanor Barbour	Washington Missionary Baptist Church
Archivist	Sherry Jackson	Bethsaida Baptist Church
Health Coordinator	Elma Zachary	Centerville Baptist Church
Worship Leader	Isabelle Mack Thompson	Centerville Baptist Church
Executive Board Members		
Francine Boone		First Baptist Church, Nicholasville
Renee Burns		Corinthian Baptist Church, Winchester
Augusta Mason		First Baptist Church, Nicholasville
Carolyn Reese		First Baptist Church, Paris
President's Council		
Valerie Marshall		Historic Pleasant Green Baptist Church
Tara Crumbe		Previously Zion Baptist Church
Hazel Compton		Jabez Baptist Church
Brenda Carter		Bethsaida Baptist Church
Pamela Thompson		Historic Pleasant Green Baptist Church
Elaine Farris		Bracktown Baptist Church
Roszalyn Akins		Bracktown Baptist Church
Valinda Livingston		Shiloh Baptist Church
Delma Peoples		Historic Pleasant Green Baptist Church
Ollie Ragland		First Baptist Church - Stanford

Know the Facts About CKD

As I submit this article, a young man close to my heart suffers from stage 4 kidney failure and is in need of a transplant. I thought it would be good to share some information on the disease and how it affects Black Americans. CKD (chronic kidney disease) is a condition where there is a gradual loss of kidney function over time. Healthy kidneys remove excess fluid and waste from your blood. When your kidneys don't work as well as they are supposed to, excess fluid and waste can build up in your blood and make you feel sick. CKD can range from mild to very severe. CKD has no cure. It is a progressive disease, so it can get worse over time if not effectively managed.

The 5 stages of CKD describe the severity of the kidney dysfunction. People can't tell how bad their CKD is because they often don't have any symptoms until later stages. The earlier CKD is detected, the better the chance of slowing or stopping its progression. In the early stages of kidney disease, many people don't have any symptoms. Some people don't know they have CKD until their kidneys fail. Symptoms usually show up later as the disease progresses. Disparities across racial and ethnic

groups in the United States exist in kidney disease care, including diabetes and blood pressure control, nephrology referral, dialysis modality, and transplantation, and with regard to both living and deceased kidney donation. Compared to other ethnic groups, Black Americans are at increased risk of diabetes, high blood pressure, chronic kidney disease (CKD), and kidney failure. Kidney disease, diabetes and high blood pressure are linked. Black adults have higher rates of diabetes and high blood pressure than White adults. Uncontrolled diabetes and high blood pressure are real risk factors for CKD. People who have uncontrolled diabetes and high blood pressure are more likely to develop CKD than people without these conditions. Each condition can lead to or worsen the other.

The Centers for Disease Control and Prevention looked at the percentage of US adults, aged 18 years or older with CKD and diagnosed diabetes who were prescribed blood pressure medications. The prescription of blood pressure medications is higher in Black adults with CKD and diagnosed diabetes (63%) than in White adults (37%) or Asian adults (32%). (The Centers for Disease Control and Prevention. *Chronic Kidney Disease in the United States, 2021.*

Atlanta, GA: US Department of Health and Human Services, Centers for Disease Control and Prevention; 2021). In addition, the United States Renal Data Service reports of the reported cases of end-stage renal disease in the US, approximately 39% have diabetes and 26% have high blood pressure. If undiagnosed or untreated, kidney disease can get worse and lead to kidney failure (also called end-stage kidney disease). Black Americans make up 13% of the US population but account for 35% of the population with kidney failure.

Black Americans are about 4 times more likely than White Americans to develop kidney failure. [The United States Renal Data Service](#) reports kidney failure prevalence of 5,855 cases per million for Black Americans compared to 1,704 cases per million for White Americans. This disease can affect us and our loved ones and is often caught when it has already advanced to the final stages. This is why CKD is sometimes referred to as the "silent killer." However, you can make a difference. Please consider being an organ donor and/or being tested for kidney compatibility. You never know what life you may be giving back!