

NEWSLETTER

Consolidated Baptist District Women's Auxiliary

Women In Worship 2024

MISSION EFFORT

How can you help
Jackie's House?

- ◆ Laundry detergent
- ◆ Dryer Sheets

**Bring your
donations to WIW
May 3, 2024**

Also REMEMBER

- ◆ Church Registration \$50
- ◆ Individual donation \$5

"And let us consider one another in order to *STIR UP* love and good works" Hebrews 10:24

Inside this issue:

WIW Info & Registration	1
WIW Mission Effort	
President's Address	2
CBDWA Patron List	
Health Fair - May 18	3
Happy Mother's Day	
CBDWA Women's Retreat	4
Retreat Facilitator-Micean Jonikin	
Primary Election-May 21	5
Upcoming Events/Services	5
Health Note	6

Macedonia Baptist Church, Cynthiana




Join us as we share with the Consolidated Baptist District Women's Auxiliary (CBDWA) for the "Women in Worship"

Church Registration
\$50

Friday, May 3, 2024
7:00 p.m.

Offering \$5
(asked of each attendee)

103 East Pearl Street
Cynthiana, KY 41031
(859) 234-8473

Rev. Anthony L. Stevenson, Pastor

Our Community Focus and Mission
Jackie's House
"A Sober-Living Home for Women"

Hope for Recovery KY, Inc
"Christ-Centered Recovery"

Sis. Anna Allen-Edwards

President

Stir Up The Gift!

2 Timothy 1:6

Rev. Reginald Davis

Moderator

President's Address



Dear Sisters,

May flowers are springing up and their sweet fragrances fill the air reminding us that every good and perfect gift comes from God. May has many offerings: Women In Worship, the Derby, Graduations, Mother's Day, Mind Your Business Health Fair, and Memorial Day. The RETREAT is full, but we're asking all to come and join us for "Women In Worship" on Friday, May 3, 2024, at 7 p.m. in Macedonia,

Cynthiana. Pastor Anthony Stevenson, Sis. Demita Stevenson and the whole congregation have been working diligently to "Stir It Up!" where we can all worship God in spirit and in truth! Don't forget to have your church register. Our mission project is Jackie's House, and they need laundry detergent and fabric sheets. Please, let's try to bless them! Remember, we don't care what color you wear, we just want you there!

Also, May 18, 2024, beginning at 11 a.m., we will have a MIND YOUR BUSINESS: Heart, Soul, and Body Health Fair at Shiloh Baptist, Lexington where Dr. Joseph Owens is the pastor. Healthcare Coordinator Elma Zachary and her team have pulled out the stops and plan to "Stir It Up!" with a food truck, vendors and healthcare professionals of all ilks there. This free event is open to the public.

Last, if your mother is still here, please honor her this Mother's Day. She was used by God to bring you into this world and for her obedience she deserves honor and respect, whether she is living or not. This Mother's Day, I honor and respect the memory of my mother, Sis. Enestine Kizzar Crooks Allen, who though widowed at 33, did all she could to love and rear her five children and stir up the gifts within us to include love and good works. Stir It Up this May.

Blessings!
Sister Anna

WIW PATRON LIST

Your support means so much to us! Praise the Lord for your prayers, your time and your generous donations.

Charles and Anna	Allen-Edwards***
Sara	Baird
Rev. Keith	Barbour
Eleanor	Barbour***
Christine	Barrett
Lou Jane	Basham
Victorious	Bennett
Lumar & Kierra	Bennett
1st VM Rev. L. Rodney	Bennett***
Vonita	Bennett***
Faye	Bingham
Alton	Boone
Francine	Boone***
Harriet	Broadus Grace
Lisa	Brown
Lucille	Brown
Connie	Brown
Vida	Brown***
Peggy	Burns
Rev. Ronald	Burns***
Renee	Burns***
Vivian	Carmouche
Yvonne	Carson
Tonya	Carter*
Brenda	Carter*
Dr. Bishop	Carter, III**
Sharon	Childs
Sarah	Coffey
Darralynn	Combs
Moderator Rev Reginald	Davis***
Elaine	Dawson

Greg	Duffin
Louisa	Edmonds
Alexis	Edwards
Sherri	Edwards
Tommy	Franklin
Wanda	Frazier
Rev. Robert & Linda	Gates***
Dorothy	Gibbs
Deborah	Griggs
Sondra	Grissom-Cordray
Otis	Hardin
James	Hardin
Jared	Hardin
Paula	Hardin***
Gloria	Hatchett
Ahijah	Hinne
Brenda	Holmes
Ed	Holmes
Barbara	Hughes
Sherry	Jackson***
Linda	Kentz
Paul	Kinnerson
Alicia	Kirby
Virginia	Kirk
Laverne	Laine
Marilyn	Lewis
Priscilla	Lewis
Bobbie	Livingston
Valinda	Livingston*
Isabelle	Mack***
Valerie	Marshall*

Brian G.	Mason
Chauncey	Mason
Jessica	Mason
Ruby	Mason
Augusta M.	Mason***
Priscilla	McCowan
Rita	Mobley
Leseia	Morton
Elizabeth	Owens
Dr. Joseph	Owens**
Ollie	Raglin*
Amber	Reed***
Carolyn	Reese***
Ann	Rice
Venda	Ridgeway
Debra	Smalley
Edwina	Smarr
Patricia	Smith
Diane	Spencer
Karen	Taylor
Debra	Taylor
Charlene	Taylor
Virgie	Thompson
Felicia	Thompson
JoAnn	Washington
Deonte	Watson
Jacklyn	Wingate-Harris
Elma	Zachary***
Edwards Rental, LLC	
CBDA Laymen***	

*Former President

**Former Moderator

***Current Officer



Reflections of Retreats with Mom

I remember when my mom took me to my first retreat, we was in Atlanta, Georgia, profound memories shared with mom and today I still attend every year ♡ ♡ ♡ -Sherry Jackson

My first one was with my mom over 20 years ago? I fell in love with the fellowship and the sweet sisterhood spirit of the event then and love it to this day! My momma actually drug me...even as an adult and I'm glad she did!! Some of our best memories together! -Eleanor Barbour

My mom took me to the very first woman's retreat and I too loved the fellowship and have been attending almost every year since! It became an annual trip for us. ❤️ 📷 🍷 -Renee Burns

I attended my first retreat with my Mom, my Mom's sisters (my Aunts) my sister, my bestie Sharon Brown Scott and friend Carolyn Bogarty. -Vida Brown

My aunts started bringing me to the retreat. They were faithful in attending the retreat every year. Sadly, but gladly they, Betty Jean Dawson and Pat Jackson, went on to be with the Lord a few years ago. They both were such a light! If you knew my aunt Pat, she always had a pleasant smile and kind words to share. If you knew Betty Jean(aunt Jeannie) you would ALWAYS get a laugh! I remember Atlanta-Dash Gladys Knight's restaurant, chicken and ribs, the



Gaylord Opryland hotel was nice, and the best one I remember was in North Carolina. I remember the banquet crew were shouting and praising God (I'm tearing up right now), and One even accepted Christ. We opened up with the song "anything can happen in here." We've truly had some amazing times- breakthroughs, answered prayers, healing, just hallelujah good times! Thank God for all the ones before who worked really hard to make these retreats amazing. -Isabelle Mack

Sisters, thank you so much for your heart Retreat Testimonial... Let's seek to bring our daughters to the next retreat...continue the legacy

Challenge: Make lasting memories with your daughter or a younger woman. Every older woman seek to find a young woman to mentor and bring along to the 2025 Retreat.

“That they may teach the young women...”
Titus 2:4

Share your best Retreat memories in the June newsletter. Send to Vonita Bennett at vgbnjoy4life@yahoo.com by May 15, 2024.

Consolidated Baptist District Women's Auxiliary
2024 CBDWA
Women's RETREAT
STIR IT UP!
|| Timothy 1:6
REGISTER NOW - LIMITED SPACING!!
SATURDAY
JUNE 22, 2024
10:00 A.M. - 4:00 P.M.
CBDWA President: Anna Allen-Edwards
CBDA Moderator: Rev. Reginald Davis
KEYNOTE SPEAKER:
CAMILLE COOPER
FACILITATORS:
NIETA WIGGINTON
MICEAN JOHNIKIN
\$100.00
Effective Monday, June 24, 2024
(if availability)
Transportation, Venues, Dining, & More
REGISTRATION CLOSED***
Contact Sister Paula Hardin 859-351-2244
Get added to the "Waiting List"

Retreat Transportation:
Bethsaida Church Van



**If others have available transportation space, please let us know.
Sherry Jackson,
Transportation Coordinator
sjackson316@yahoo.com

T-shirt Orders!!!

Be sure your contact lady provided us with your t-shirt size

Vendors: RNJ, Paparazzi, Scents from Beverly & more

Health Screening with BTHD

Professional Glam shots
Cruse Custom Photography

Registration closed!!! **SOLD OUT**
(Start saving for next year cause we're on the move)

CONSOLIDATED BAPTIST DISTRICT WOMEN'S AUXILIARY

2024
ANNUAL WOMEN'S RETREAT

Micean J. Johnkin is a Pediatric Cardiologist, Health Advocate, and Woman of Faith. Dr. Johnkin serves as CEO of Hearts Matter L.L.C., an American Heart Association Training Site based in Lexington, Kentucky. Dr. Johnkin is a third - generation graduate of Tuskegee University, Tuskegee, Alabama where she graduated Magna Cum Laude (Bachelor of Arts - Mathematics and Bachelor of Science - Biology). She furthered her education with graduate studies at Stanford University, Stanford, California (Master of Science - Epidemiology) and Howard University College of Medicine, Washington, D.C (Doctor of Medicine). Dr. Johnkin completed post - graduate medical training in Pediatrics (Children's National Medical Center, Washington D.C.) and Pediatric Cardiology (St. Louis Children's Hospital / Washington University, St. Louis, Missouri and Boston Children's Hospital / Harvard School of Medicine, Boston, Massachusetts).

Dr. Johnkin has performed medical research and service both domestic and internationally. Her work includes undergraduate research in Rio de Janeiro, Brazil and malaria research in Bamako, Mali (West Africa). Dr. Johnkin presented her fellowship research at the International Heart and Lung Transplantation annual meeting in Prague, Czech Republic. Dr. Johnkin also treated HIV / AIDS patients in Mbabane, Swaziland (Southern Africa), as part of the Baylor International Pediatric AIDS Initiative. She worked as part of the Pediatric Resident team at the Orotta School of Medicine in Asmara, Eritrea (East Africa).

Dr. Johnkin is a local partner in cardiovascular health education, teaching community CPR classes in central Kentucky churches and community groups. She is a proud member of the Lexington (KY) Alumnae Chapter of Delta Sigma Theta. Dr. Johnkin serves as Sunday School teacher and coordinator of the "Unchained" College Ministry at Shiloh Baptist Church in Lexington. In her free time, she enjoys aerobic boxing and half - marathon running.

Dr. Johnkin is a devout Woman of Faith and places Christ first in her life. A breast cancer survivor since 2016, Dr. Johnkin ardently believes the words found in Romans 8:28, "All things work together for the good of those who love the Lord". She credits both of her grandmothers, Doris Jackson Will and Lizzie Mae Rivers Johnkin, as role models for being a strong Christian woman. Committed, compassionate and Christ - centered, Dr. Micean Johnkin aims to reflect the love and healing powers of Christ in both her career and her character.

Micean Johnkin



2024
Women's Retreat
Facilitator

**STIR
IT
UP**

GoVote.ky.gov



Absentee Ballot Request
Review Your Registration or Absentee Ballot Status
New/Update Registration
Military & Overseas Voters
Polling Locations
KY Needs Poll Workers!
Candidate Filings
Sample Ballot
Election Results
Key Information

Registration Deadline
April 22, 2024 4:00 p.m.

Primary Election
May 21, 2024

© 2024 - Kentucky State Board of Elections

PREPARE to VOTE: Primary Election—May 21, 2024 6AM - 6PM

- Know where to vote: your polling location or Voting Center
- Know when to vote: Review Early Voting Information
- Know the candidates: Review Your Sample Ballot

October 7, 2024 - Registration Deadline for General Election
November 5, 2024 - General Election Day

2024 Primary Election

- President of the United States (9)
- US Representatives (23)
- State Senator (37)
- State Representatives (189)
- Commonwealth Attorney (47)
- District Judge (4)
- Judge of the Court of Appeals (2)
- Justice of the Supreme Court (2)

Visit www.GoVote.ky.gov for important information

Primary Election MAY 21, 2024

CBDWA Events Mark your calendars!!!

Women In Worship - May 3, 2024
Macedonia Baptist, Cynthiana

Mind Your Business Health Fair
May 18, 2024
Shiloh Baptist Church

Annual Women's Retreat
June 22, 2024
Blue Licks State Resort

CBDWA Prayer Breakfast
July 13, 2024
Washington Missionary Baptist,
Maysville

Monday, May 27, 2024



HISTORIC FIRST BAPTIST CHURCH

LOOK WHERE GOD HAS BROUGHT US!

859.361.3827

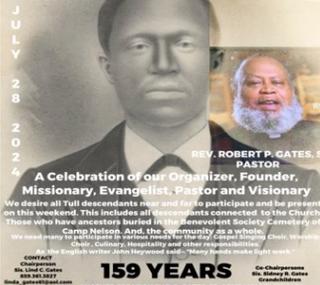
SAVE THE DATE HOMECOMING AND BASKETMEETING

THE BEDROCK OF AFRICAN-AMERICAN HISTORY

UNITED STATES COLORED
TROOPS

HOMECOMING AND BASKETMEETING

SCT/REV. JESSE COMMASEL TULL CELEBRATION
1865 DAY 2024



JULY 28, 2024

REV. ROBERT P. GATES, SR.
PASTOR
A Celebration of our Organizer, Founder,
Missionary, Evangelist, Pastor and Visionary
We desire all Tull descendants near and far to participate and be present
on this weekend. This includes all descendants connected to the Church,
those who have ancestors buried in the benevolent Society Cemetery of
Camp Nelson. And the community as a whole.
We will enjoy the rich traditions of the old and new. There will be
Choir, Culinary, Hospitality and other organizations.
All are invited to bring their own food.
Chapman
616 Linn Co. Ky
859 361 2817
tull.gates@firstbaptist.com

159 YEARS

Chapman
616 Linn Co. Ky
859 361 2817
tull.gates@firstbaptist.com



SUNDAY

JULY 28

@ 11:30 am

@ 3:00 pm

SPECIAL GUESTS
PASTORS
CHOIRS
CONGREGATIONS

271 CHURCH STREET, BOX 10
CAMP NELSON, KY 40356

gateskeene@gmail.com
FACEBOOK
YOUTUBE

Consolidated Baptist District Women's Auxiliary

C.B.D.W.A.

P. O. Box 12901 (New PO Box)

Lexington, KY 40583

Email: cbdwa.info@gmail.com

Facebook.com/C.B.D.W.A.

Consolidated Baptist District Women's Auxiliary



Stir Up The Gift!
II Timothy 1:6

We're on the web!
www.cbdaky.org

Consolidated Baptist District Women's Auxiliary Officers 2023-2024

President	Anna Allen Edwards	Shiloh Baptist Church
1 st Vice President	Vonita Bennett	Second Baptist Church, May's Lick
2 nd Vice President	Linda Gates	Historic First Baptist, Camp Nelson
Treasurer	Vida Brown	Shiloh Baptist Church
Financial Secretary	Paula Hardin	Macedonia Baptist Church
Recording Secretary	Amber Reed	Macedonia Baptist Church
Corr. Secretary	Connie Curry	Corinthian Baptist Church, Winchester
Social Engagement	Eleanor Barbour	Washington Missionary Baptist Church
Archivist	Sherry Jackson	Bethsaida Baptist Church
Health Coordinator	Elma Zachary	Centerville Baptist Church
Worship Leader	Isabelle Mack Thompson	Centerville Baptist Church
Executive Board Members		
Francine Boone		First Baptist Church, Nicholasville
Renee Burns		Corinthian Baptist Church, Winchester
Augusta Mason		First Baptist Church, Nicholasville
Carolyn Reese		First Baptist Church, Paris
President's Council		
Valerie Marshall		Historic Pleasant Green Baptist Church
Tara Crumby		Previously Zion Baptist Church
Hazel Compton		Jabez Baptist Church
Brenda Carter		Bethsaida Baptist Church
Pamela Thompson		Historic Pleasant Green Baptist Church
Elaine Farris		Bracktown Baptist Church
Roszalyn Akins		Bracktown Baptist Church
Valinda Livingston		Shiloh Baptist Church
Delma Peoples		Historic Pleasant Green Baptist Church
Ollie Ragland		First Baptist Church - Stanford

HEALTH NOTE: How a Gratitude Journal Benefits Your Mental Health

*Being
 thankful
 is good
 for you*



Journaling can be a powerful practice for Black women. When Alice Walker published *Gathering Blossoms Under Fire*, she included entries covering more than three decades of her life. Salon pointed out how important her voice was and how rare the words of African American women diarists are published.

While most of us don't write like Walker, journaling can be a worthwhile exercise that may improve our mental health. This is especially true when we center our journaling on gratitude. One study reported that when participants with anxiety and

depression tried gratitude practices and self-kindness strategies, finding reasons to be grateful seemed to enhance their well-being. Practicing gratitude can also reduce stress, increase optimism and help you sleep better, according to PositivePsychology.com.

An article published in Berkeley's *The Greater Good Science Center* magazine suggests setting aside 15 minutes daily, three times weekly for at least two weeks to see whether the practice benefits you. Three of their standout tips include:

- Be specific about what you are grateful for. Was there a particular act of kindness, interaction or conversation for which you are thankful?
- Consider going deeper and explore the reasons you are grateful for a person, place or thing. Adding depth will be more beneficial than a list, that might be more of a surface-level exercise.

See the good things in your life as gifts. When you view things this way, you are less likely to take those gifts for granted.

Looking for a way to get started? To kick-start your practice, check out these gratitude journal prompts.

- ◆ List five things you're grateful for at the current time
- ◆ Write about something or someone that made you smile today
- ◆ Write about a scene for a TV show or movie that resonated with you

The possibilities for expressing gratitude through journaling are endless. Doing this daily activity will help you gain a newfound love for the world around you and your loved ones. Outside of improving your mental health and overall well-being, studies have shown that gratitude can improve your life in a number of ways.